

## SALADS

Served with a Bun + Seasonal Juice

### Crispy Shrip + Avo Salad TZS 22K

Fried Shrimp, Lettuce, Carrot, Spring Onion, Tomato, Avo, Croutons + Garlic and Herb Dressing

### Beef Sesame Salad TZS 20K

Beef Strips, Sesame, Lettuce, Cucumber, Tomato, Sweet Pepper, Bean Sprouts + Sesame Dressings

### Vietnamese Noodle Salad TZS 16K

Rice Noodles, Bean Sprouts, Carrot, Lettuce Cucumber, Basil, Cilantro, Mint + Nuoc Cham Dressing + Peanuts  
add: Paneer, Chicken or Beef TZS 4K

### Halloumi + Lentil Salad TZS 18K

Halloumi, Lentils, Lettuce, Tomatoes, Cucumber, Avocado, Shallots + Lemon Vinaigrette

### Crispy Chicken Salad TZS 22K

Fried Chicken Strips, Lettuce, Tomato, Cucumber, Carrot, Red Cabbage, Spring Onion + Honey Mustard Dressing

### Taco Salad TZS 22K

Fajita Beef Steak, Tortilla Chips, Guacamole, Lettuce, Red Beans, Cheddar Cheese, Sweet Corn, Salsa + Sour Cream Dressing

### Beef + Mango Salad TZS 19K

Beef Steak Strips, Feta Cheese, Cashew Nuts, Spicy Mango, Lettuce, Cucumber, Tomato + Garlic Mayo

### Soup of the Day TZS 10K

Chef's selection

### Beef Chili Con Carne TZS 16K

Beef Minced Meat, Beans, Veggies + Chili + Melted Cheese

### Clear Chicken Egg Drop Soup TZS 12K

Chicken, Egg + Rice Noodle

## SOUP

TZS 6K *Fries/Wedges/Mash*

TZS 6K *Sweet Potato Fries*

TZS 6K *Side Salad*

TZS 4K *Side of Fruit*

TZS 3K *Side of One Egg*

TZS 4K *Side of Beef Bacon*

TZS 5K *Side of Rice*

TZS 6K *Rosemary Potatoes*

TZS 2K *Side of Toast*

TZS 1K *Dressing*

TZS 4K *Baked Beans*

TZS 4K *Roasted Butternut*

TZS 4K *Sausage*

TZS 2K *Extra Cheese*

TZS 2K *Extra Avocado*

TZS 3K *Extra Whipped Cream*

TZS 2K *Nutella*

TZS 1K *Milk*

TZS 1K *Extra Butter*

TZS 3K *1 Egg*

## BURGERS

Served with Side Salad + Fries or Wedges

### Classic Cheese Burger TZS 18K

Pure Beef Patty, Cheese, Onions, Tomato, Lettuce, Mustard, House-made Mayo + Pickles

### Hot as Hades Burger TZS 19K

Pure Beef Patty, Roasted Chilli Peppers, Cheese, Onion, Tomato, Lettuce + Woodberry Chilli Sauce

### BBQ Burger TZS 18K

Pure Beef Patty, BBQ Sauce, Onions, Cheese, Pickles + Tangy Slaw

### Fried Chicken Burger TZS 19K

Crispy Chicken Breast, Pickles, Honey Mustard + Tangy Slaw

### Bahari Fish Burger TZS 22K

Battered Fried or Grilled Fish Fillet, Pickled Beetroot Slaw, Tartare Sauce, Onions + Lettuce

### Chickpea Burger TZS 17K

Chickpea Patty, Tomato, Cucumber, Lettuce + Tahini Yoghurt Sauce  
(Ask for Vegan Tahini Sauce)

## SANDWICHES

Served with Side Salad + Soup, Fries/Wedges

### Caprese Panini TZS 16K

Pesto, Mozzarella + Tomato Grilled on Panini Bread

### Steak + Cheese Panini TZS 18K

Fillet Steak, Caramelized Onions, Melted Cheese Grilled on Panini Bread

### Grilled Pesto Chicken Sandwich TZS 18K

Grilled Cheese, Pesto, Caramelized Onions, Chicken, Tomatoes on White or Brown Bread

### Crispy Chicken Sandwich TZS 19K

Crispy Fried Chicken, Lettuce, Tomato, Housemade Mayo, Cheese on White Bread

### Tuna Mayo Sandwich TZS 19K

Fresh Tuna, Housemade Mayo, Shallots, Lettuce, Cucumber on White or Brown Bread

### Classic Grilled Cheese Sandwich TZS 15K

Buttered White Bread with Melted Cheddar Cheese

All fresh produce in our menu is

sourced from  
**GARDEN  
MARKET**

 Gluten Free

 Vegetarian

 Dairy Free

# Lunch <sup>-12-9¢-</sup> Dinner

## HOT BOWLS

### Ginger Chicken + Rice TZS 18K

White Rice, Ginger Chicken + Veggies Sauce

### Thai Peanut Broccoli + Rice TZS 14K

White Rice, Peanut Broccoli Sauce + Veggies  
add: Paneer, Chicken or Beef TZS 4K

### Mboga Mboga TZS 14K

Spiced Paprika Rice, Seasonal Veggies with Light Coconut Sauce

### Sesame Beef + Rice TZS 18K

White Rice, Crispy Sesame Beef Fillet Strips or Chicken Strips

## BUDDHA BOWLS

### Tahini Buddha Bowl TZS 18K

Millet, Roasted Zucchini, Butternut, Tumeric Chickpeas, Red Cabbage, Greens + Tahini Dressing

### Bambara Buddha Bowl TZS 18K

Millet, Greens, Avocado, Bambara Nuts, Shallots, Red Cabbage, Mango, Coconut + Lemon Dressing

### Bantu Buddha Bowl TZS 18K

Sweet Potato, Greens, Red Cabbage, Carrot, Coconut Bambara Nuts, Red Onion + Peanut Dressing

### Plantain Buddha Bowl TZS 18K

Brown Rice, Cumin Beans, Red Cabbage Slaw, Onions, Plantain, Avocado + Chimichurri Dressing

## MUNCHIES

### Four Way Wings TZS 18K

Wings Platter: Scotch Bonnet + Mango, Spicy Mayo, Garlic + Herb, Spring Onion + Mayo

### Prawn Cocktail + Avocado TZS 10K

Prawns, Housemade Cocktail Sauce in Avocado

### Crostini Plate TZS 18K

Brushetta, Mushroom Toastie, Guacamole Toast

### Mediterranean Mezza for One TZS 18K

Hummus, Tzatziki, Tomato Salad, Olives, Halloumi + Pita Bread

### Crispy Chicken Strips + Chips TZS 18K

Crispy Chicken Strips, Fries, + Honey Mustard Dip

### Buffalo Soldiers TZS 14K

Crispy Cauliflower + Crispy Broccoli with BBQ Sauce